



pray



grow



serve  
with joy

# Simple acts of worship & prayers for those unable to attend church



**These two simple act of worship, and some selected prayers been created for you if you are unable to attend church. Christians across the world say Morning and Evening Worship daily, so you will be taking part in these acts of worship in company with many others! If you are well enough, why not pause for a moment in the morning and evening to spend a few moments with God.**

You may like to have to hand:

a bible,

a candle to light,

some reflective music.

**“The LORD is good, a strong refuge when trouble comes.  
He is close to those who trust in him.”  
Nahum 1:7**

# Morning Worship

*(You may like to light a candle and have some reflective music playing in the background)*

## Opening Sentences

O Lord, open our lips and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

**Bible Reading** (you may wish to use the lectionary readings, the readings from Sunday or choose your own).

## Prayer for Others

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord.  
Amen.

## The Lord's Prayer

## The Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life.

Amen

Let us bless the Lord.  
Thanks be to God.

# Night Prayer

*(You may like to like a candle and have some reflective music playing in the background)*

## Opening Sentences

The Lord almighty grant us a quiet night and a perfect end.

Our help is in the name of the Lord  
who made heaven and earth.

*Silence is kept.*

**Bible Reading** (you may wish to use the lectionary readings, the readings from Sunday or choose your own).

## Prayer for Others

### The Collect

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy; may your holy angels dwell with us in peace, and may your blessing be always upon us; through Jesus Christ our Lord.  
Amen

### The Conclusion

In peace we will lie down and sleep;  
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus, for the night is at hand and the day is now past.

As the night watch looks for the morning, so do we look for you,  
O Christ.

The Lord bless us and watch over us;  
The Lord make his face to shine upon us and be gracious to us;  
The Lord look kindly upon us and give us peace.  
Amen.

### **For those in isolation**

God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.  
Amen.

### **For those who are ill**

Merciful God,  
we entrust to your unfailing and tender care,  
those who are ill or in pain,  
knowing that whenever danger threatens  
your everlasting arms are there to hold us safe.  
Comfort and heal them,  
and restore them to health and strength;  
through Jesus Christ our Lord.  
Amen.

### **For hospital staff and medical researchers**

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be restored to health;  
through Jesus Christ our Lord.  
Amen.

### **Prayers for when you can't get to church**

Lord Jesus Christ, you said to your disciples, 'I am with you always'.  
Be with me today, as I offer myself to you.  
Hear my prayers for others and for myself,  
and keep me in your care.  
Amen.

